



U.S. CENTER  
**MENTAL HEALTH  
& SPORT**

## National Crisis Resources

If someone is in immediate danger, call 911 or go to the local emergency room. Explain that it is a psychiatric emergency and ask for someone with psychiatric experience.

### National Suicide Prevention Lifeline

988

#### Deaf or Hard of Hearing

For TTY Users: Use your preferred relay service or dial 711 then 1-800-273-8255

#### En Español

1-888-628-9454

### Crisis Text Line

Text "HOME" to 741741

### Boys Town National Hotline

1-800-448-3000

Text "VOICE" to 20121

### ED Care and Athlete EDGE

For Eating Disorders and Disordered Eating  
866-421-5736

For a free assessment 844-292-0192

### IM Alive – Online Crisis Chat

[www.imalive.org](http://www.imalive.org)

### LGBT National Hotline

1-888-843-4564

### LGBT National Help Talkline

1-800-246-7743

### National Mental Health Hotline

1-866-903-3787

### National Alliance of Mental Illness (NAMI)

1-800-950-NAMI (6264)

Text "NAMI" to 741741

Online Chat Tool at [www.nami.org/help](http://www.nami.org/help)

### National Eating Disorders Association (NEDA)

1-800-931-2237

Text – Crisis "NEDA" to 741741

Text – Non-Crisis 1-800-931-2237

### RAINN: Rape Abuse and Incest National Network

1-800-656-HOPE (4673)

Live Chat at [www.rainn.org](http://www.rainn.org)

### Samaritans

1-877-870-HOPE (4673)

Text 1-877-870-HOPE (4673)

<https://www.samaritans.org/>

### SAMHSA National Helpline (Substance Abuse and Mental Health Services Administration)

1-800-662-HELP (4357)

#### Treatment Referral via Text

Text your 5 digit zip code to 435748 (HELP4U)

Deaf or Hard of Hearing TTY: 1-800-487-4889

### Teen Line

1-800-852-8336

Text "TEEN" to 839863

<https://www.teenline.org/>

### The Trevor Project

1-866-488-7386

Text "START" to 678678

Live Chat at [www.thetrevorproject.org/get-help](http://www.thetrevorproject.org/get-help)

### Trans Lifeline

1-877-565-8860

<https://translifeline.org/>

### Veterans Crisis Line

1-800-273-TALK (8255) + Press 1

Text 838255

### Youthline

1-877-968-8491

Text "teen2teen" to 839863





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## Colorado Crisis Resources

If someone is in immediate danger, call 911 or go to the local emergency room. Explain that it is a psychiatric emergency and ask for someone with psychiatric experience.

### MENTAL HEALTH AMERICA OF PIKES PEAK REGION

Address: 1352 N. Academy Blvd., Colorado Springs, CO 80909  
Phone: (719)-633-4604

### NAMI (NATIONAL ALLIANCE ON MENTAL ILLNESS) OF COLORADO SPRINGS

Address: 510 E. Willamette, Suite A, Colorado Springs, CO 80903

Phone: (719) 473-8477

[NAMI Colorado Springs](https://www.namincolorado.org/) 

### THE SUICIDE PREVENTION COLLABORATIVE OF EL PASO COUNTY

[spcollab.org](https://www.spcollab.org/)

### SUICIDE PREVENTION PARTNERSHIP PIKES PEAK REGION

Address: 704 N Tejon St., Colorado Springs, CO 80903

Phone: (719)-573-7477 Hotline: (719)-596-5433

[www.pikespeaksuicideprevention.org](https://www.pikespeaksuicideprevention.org/)

### ANOTHER LIFE FOUNDATION OF COLORADO SPRINGS

Address: 801 N. Weber St., Suite 204

Colorado Springs, CO 80903

Phone: 719-216-7238 or 1-800-273-TALK

[another-life-foundation.business.site](https://another-life-foundation.business.site)

### INSIDE/OUT YOUTH SERVICES (LGBTQ+ Support)

Address: 235 S. Nevada Ave., Colorado Springs, CO 80903

Phone: (719)-328-1056

[Inside/Out Youth Services](https://www.insideoutyouthservices.org/)

### SPRINGS EQUALITY CENTER (LGBTQ+ Support)

Address: 410 S Tejon St, Colorado Springs, CO 80903

Phone: (719)-471-4429

<https://www.alignable.com/colorado-springs-co/springs-equality>

### CHILD PROTECTIVE SERVICES

Address: 105 N. Spruce, Colorado Springs, CO 80905

Phone: (719)-444-5700

[CHILD PROTECTIVE SERVICES](https://www.coloradocps.org/)

### DEPARTMENT OF HUMAN SERVICES

Address: 1675 W. Garden of the Gods Rd.

Phone: (719)-636-0000

[Department of Human Services](https://www.dhs.state.co.us/)

### 2-1-1 INFORMATION AND REFERRAL, PIKES PEAK UNITED WAY

Address: 518 N. Nevada, Colorado Springs, CO 80903

Phone: 2-1-1 (from landline phones) or (719) 955-0742

[Pikes Peak United Way](https://www.pikespeakunitedway.org/)

### AL-ANON & ALATEEN

Address: 304 S 8th St., Colorado Springs, CO 80905

Phone: (719) 632-0063

[Al-Anon/Alateen Colorado](https://www.al-anon-alateen.org/)

### ALCOHOLICS ANONYMOUS

Address: Check website for meeting times and places

[AA in Colorado Springs](https://www.aa.org/)

Phone: (719) 573-5020 (24-hour Hotline)

[AA United States Website](https://www.aa.org/)

### MOTHERS AGAINST DRUNK DRIVING COLORADO

Address: 2220 E. Bijou, Suite 154, Colorado Springs, CO 80909

Phone: (719) 637-1617

[MADD Colorado](https://www.madd.org/)

### NARCOTICS ANONYMOUS

Address: Check website for meeting times and places

[NA in Colorado Springs](https://www.na.org/)

Phone: (719) 637-1580 (Colorado Springs Help Line)

[NA United States/International Website](https://www.na.org/)

### DEPRESSION AND BIPOLAR SUPPORT ALLIANCE (DBSA), COLORADO SPRINGS

Address: 2132 E. Bijou St. Suite 112, Colorado Springs, CO 80909

Phone: (719) 477-1515

[DBSA Colorado Springs](https://www.dbsa.org/)